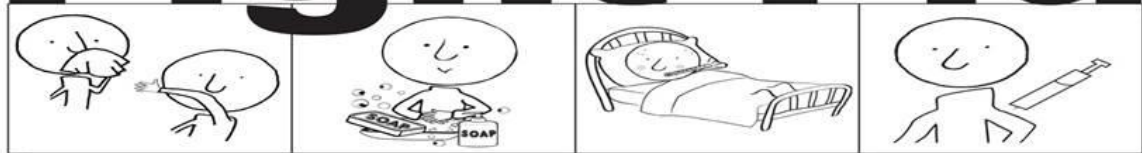


# WHEN TO KEEP A CHILD HOME WITH ILLNESS DURING COLD AND FLU SEASON

- Persistent fever greater than 100 degrees orally, including a fever that requires control with medication, like Tylenol
- Child is too sleepy or ill from an illness, like vomiting and/or diarrhea, to profit from sitting in class all day
- Significant cough that makes a child feel uncomfortable or disrupts the class
- Sore throat that is severe, accompanied by fever and/or feeling ill, that persists longer than 24 hours, and after known exposure to a confirmed case of Streptococcal throat infection
- Honey-crusted sores around the nose or mouth or rash on other body parts; OR a rash in various stages including boils, sores and bumps; OR a significant rash accompanied by other symptoms of illness such as fever
- Red, runny eyes that distract the child from learning
- Large amount of discolored nasal discharge, especially if accompanied by facial pain or headache
- Severe ear pain or drainage from the ear
- Severe headache, especially if accompanied by fever
- Any condition that you think may be serious or contagious to others

# Fight the Flu



**Cover  
your  
cough!**

**Wash  
your  
hands.**

**Stay home  
when sick.**

**Get  
vaccinated.**

Your city or county  
public health department

Find a Flu Shot Clinic near you at  
[www.mdhflu.com](http://www.mdhflu.com)

